



Milford Yacht Club Optimist Regatta

Wednesday, July 27, 2022

Milford Yacht Club, 131 Trumbull Avenue, Milford, CT 06460

GREEN FLEET SAILING INSTRUCTIONS

Abbreviations:

PC	– Protest Committee	RC	– Race Committee
OA	– Organizing Authority	SI	– Sailing Instructions
RRS	– Racing Rules of Sailing	JSA	– Junior Sailing Association of LIS
NOR	– Notice of Race		

1. Rules

- 1.1 The regatta will be governed by:
 - a) the rules as defined in the Racing Rules of Sailing (RRS)
 - b) Optimist Class Rules
 - c) The Rules for JSA of LIS (JSA) Events,
 - d) JSA Code of Conduct
 - e) US Sailing [SafeSport Handbook](#)
- 1.2 The following RRS optional rules will apply:
 - a) Appendix T, Arbitration will apply.
 - b) Appendix V1 Penalty at the Time of an Incident, and Appendix V2 Penalty Taken After a Race, will apply.
- 1.3 The following RRS are changed:
 - a) RRS 64.4 (b) is changed to require a hearing before any action is taken.
 - b) RRS 61.1(a) is changed so that "A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, without consultation with instructors, coaches or support persons, including (if possible) the boat identification number of the boat(s) being protested."
 - c) RRS 35, A4 and A5 are changed to provide that boats failing to finish within 15 minutes after the first boat in their class to sail the course and finish will be scored TLE (time limit expired) without a hearing. They shall receive points equal to the sum of the number of finishers plus 2 points, but not worse than DNF.

2. Notices to Competitors

Notices will be posted on the official regatta notice board located on the outside back wall of the main Club House.

3. Changes to Sailing Instructions

Any changes to the sailing instructions will be posted no fewer than 30 minutes prior to the harbor start with these exceptions:

- A) Any change in the harbor start or first warning signal will be posted by 1800 on the day before the changes take effect.
- B) If last minute changes are required in the Mark Descriptions, these will be announced at the skippers' meeting.

4. Signals Made Ashore

- 4.1 Signals made ashore will be displayed from the flag pole in back of the main Club House
- 4.2 The harbor start will be signaled with a horn from the porch of the main Club House. No boat shall leave the dock until the harbor start has been signaled.
- 4.3 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5. Schedule

- 5.1 The race committee will run a reasonable number of races. At least one race must be completed to have a series.
- 5.2 The schedule is as follows:

Registration	0800-0930	Main Clubhouse
Measurement and Equipment Check	0800-0930	Dry-sail area
Instructors Meeting	0945	Front Lawn
Competitors meeting	1000	Front Deck
Harbor start	1030	Docks
First Warning Signal	1115	On the water
Lunch	At Discretion of PRO	On Water
Presentation of Awards	1630	Front Deck

6. Racing Area

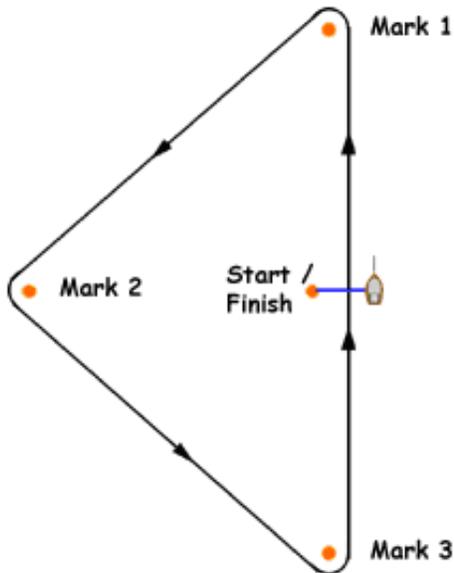
The racing area will be in "The Gulf," just offshore from Milford Yacht Club.

7. Class Flag

The class flag will be a green flag. Boats shall display a green streamer from the top of their sprit pole at all times while racing.

8. Course

The following diagram shows the course, including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is to be left.



9. Marks (Unless a change is announced at skippers' meeting)

9.1 Rounding marks 1, 2 and 3 will be inflatable shapes.

9.2 The start/finish mark will be an inflatable shape.

9.3 There may be a standoff buoy attached to the Race Committee Signal boat and it will be considered part of the starting mark.

10. The Start

10.1 Races will be started using Appendix U, "Audible Signal-Starting-System" (3-minute start). This replaces RRS 26.

10.2 Appendix U is changed as follows:

- o U4 (individual recalls) is deleted and replaced by SI 11 (Recalls of OCS boats)
- o U2 (signals): Sound signals shall govern and the following supplemental visual signals (flags) will be used: The green class flag will be hoisted with the warning signal and will be dropped at the start. If rule 30.1 (the "I flag rule") is in effect, the "I" flag will be displayed with or before the warning signal and will be dropped one minute before the start.

10.3 A series of short sounds may be used to call attention just before the warning signal for each start.

10.4 The starting line will be between a staff displaying an orange flag on the starboard end starting mark and the course side of the port end starting mark.

10.5 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

10.6 Additional races may start very soon after the completion of the preceding race.

11. RECALLS OF OCS BOATS

- 11.1 If code flag "I" is displayed the race committee will attempt to hail the sail number(s) of boats on the course side of the starting line during the minute before her starting signal.
- 11.2 When an individual recall is signaled, the race committee will attempt to hail the sail numbers of all boats that are OCS, and, display code flag "X" with one sound signal. This changes RRS 29.1.
- 11.3 A general recall will be signaled by "First Substitute" flag and two sound signals. After a general recall, a new three-minute sequence will begin one minute after the lowering of the "First Substitute" flag.
- 11.4 Failure of the RC's amplification system, the order of the hails, or failure of a boat to hear her number hailed shall not be grounds for a request for redress. This changes RRS 62.1.

12. The Finish

The finish line will be between a staff displaying an orange flag on the Committee Boat at the starboard end of the line and the finishing mark at the port end of the line.

13. Time Limits

- 13.1 The time limit for the first boat in green fleet shall be 35 minutes
- 13.2 RRS 35, A4 and A5 are changed to provide those boats failing to finish within 15 minutes after the first boat in the class to sail the course and finish will be scored TLE (time limit expired) without a hearing. They shall receive points equal to the sum of the number of finishers plus 2 points, but not worse than DNF. Protests and requests for redress

14 Protests and Requests for redress

- 14.1 When protesting, a sailor shall hail the word "protest" immediately after the incident.
- 14.2 Protest forms are available at the race office located at the Rudder Room (upstairs in main clubhouse). Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 14.3 Protest time limit is 30 minutes after the RC signal boat docks, which will be posted promptly on the notice board.
- 14.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located upstairs in the main clubhouse as soon as practicable.
- 14.5 Notices of protests by the RC or PC will be posted before the protest time limit to inform boats under RRS 61.1(b).
- 14.6 Redress Hearings: Any competitor who may wish to become a party to a scheduled redress hearing, should: 1) check the daily "schedule of protest hearings" that the protest committee will post on the official notice board describing the nature of the redress request and the time of the hearing, and 2) submit a written request to participate in the hearing to the protest committee before it begins.

- 14.7 If the RC posts a list of boats scored OCS, ZFP, UFD or BFD (RRS 30.1-30.4) on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than one hour after the protest time limit. This changes RRS 62.2
- 14.8 Protests under SI 4.2, 10, 16, and 18 may be made only by the RC or PC. This changes rule 60.1
- 14.9 Protests regarding infractions of JSA rules or SI 4,2, 10, 16, 17, 18 may be subject to a lesser penalty than DSQ at the discretion of the PC. Please see JSA Rule 4.

15. Scoring

- 15.1 The Low Point scoring system of Appendix A will apply.
- 15.2 One race shall be completed to constitute a series. When fewer than five (5) races have been completed, a boat's series score will be the total of her race scores. When five (5) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score. This changes Appendix A2.
- 15.3 Any race scores that include scoring penalties determined by the PC shall not be discardable and will be scored DNE, a non-excludable scoring penalty under 90.3(b).

16. Safety Regulations

- 16.1 Competitors and instructors are required to wear a properly fastened PFD with whistle attached at all times when on the water or on the dock in accordance with JSA rules.
- 16.2 Before the first warning signal, all boats shall check in with the race committee by being towed on starboard tack past the stern of the anchored race committee signal boat and hailing their sail number until acknowledged by a committee member. Boats are not considered to be checked-in if they are not under tow. Boats that do not properly check-in may be scored DNS. Only the race committee may protest infractions of this instruction. This changes rule 60.1
- 16.3 All boats must be towed in and out of the harbor.

17. Support boats

- 17.1 The USODA Green Fleet policy applies.
- 17.2 Coaching of green fleet skippers while racing is permitted, however coaching shall be limited to skippers in the bottom half of the fleet in any given race. Only boats, which have registered with the organizing authority and carry identification satisfactory to the organizing authority, will be allowed to be in the race area. All individuals on such registered boats are required to wear PFD.
- 17.3 Coach boats shall neither create wakes nor otherwise interfere with competitors. Coaches shall provide fair and consistent support to all competitors, not just their team or sailor. Violation of this instruction may result in any penalty that the jury deems appropriate, up to, and including the disqualification of the coached skipper from the regatta.

18. Trash Disposal

Sailors shall not put trash in the water. Trash may be placed aboard support and race committee boats. The penalty for breaking this rule will be at the discretion of the protest committee and may include adding points to a boat's score in the race or the series.

19. Prizes

All Green Fleet participants will be awarded a "participation award".

20. Additional information

Green Fleet is designed as an introductory level of Optimist racing and all are participating at an elementary level of expertise, many for the very first time. Therefore, every effort will be made to ensure that this event is fun, and a learning opportunity as opposed to a strictly competitive-based experience. This is not to say that competition isn't a part of it, but it will not be allowed to overshadow the other positive aspects that this level of event.